

SUICIDE PREVENTION COALITION

MINUTES

March 6, 2018

Present:

Karey Thompson	Megan Arbogast	Gwyn Stetler	Stacey Thomas	Veronica Brady
Jeannie Dempster	Teresa Baker	Steve Terrill	Debbie Terrill	Tammy Nicholl
Stacey Logwood	Tracy Davis	Jessica Gronas		

I) Sign In and Welcome

- Welcome Tracy Davis from Logan County Health District

II) Coalition Updates:

A) *Coalition Related Activities*

- Steve Terrill shared his five minute poster presentation from the Ohio State University Community Engagement Conference. Steve and his wife Debbie used this conference as an opportunity to promote and advocate for Mental Wellness including Mental Health First Aid, Kognito and Gatekeeper trainings. Their presentation also included promoting the importance of reducing stigma, knowing how to seek treatment, encouraging helping others to help themselves, and promoting awareness for why we need basic mental health education.
- Stacey Thomas from Champaign County HD shared that she spoke with Dr. Richards re: the LOSS Team in Champaign county. He shared with Stacey that his views on having a LOSS response at the scene remain the same. He is not supportive as 1) He says it takes time for him to rule a death a suicide, thus an immediate response is not appropriate, and 2) He does have information that he is providing for survivors. It was discussed that Karey could contact Dr. Richards to share LOSS packets so we know what information he is sharing and that survivors are getting accurate and up-to-date information.
- Stacey Logwood shared that the BLMS Gatekeeper training went well. She shared some of the feedback from the evaluations. 60 staff at BLMS received training.
- Stacey also shared info on Ripple Effects. This is an NREPP supported program that would provide students with web-based activities to help increase emotional well-being and resiliency. Graham schools shared this information with Stacey and asked if this is something that there may be funding for. Stacey plans to look further into the program.
- Stacey also gave social media campaign update. She shared that the "Later" app is being used to schedule 30 FB posts, 30 Instagram posts, and 50 tweets/month. This is a free app that allows for a monthly scheduled of prepopulated posts.

B) *Grant Updates*

- Karey shared the LOSS Team was awarded two \$500 grants. One to purchase grief books and journal for the SOS group and the second to purchase additional resources for the LOSS response packets including a traumatic loss grief handbook. All resources are authored by grief specialist, Dr. Alan Wolfeldt.
- The SPC also received the WPKO Spotlight Grant for the month of September 2018. This media package is valued at over \$7000.

III) **Sub-Committee Updates:**

A) *Events/Awareness:*

- Stephanie shared the confirmed date for the Third Annual Golf Outing is Saturday, April 28th at Liberty Hills. Stephanie asked for volunteers for soliciting sponsors, donations, and players. She also asked for anyone willing to help the day of to contact her. Her cell number is 937-631-2883.

B) *Media/Marketing/Advertising*

- The Triad MS banner is complete and Karey will attend a photo op with the Urbana Daily Citizen and students at Triad MS next week. Contacts will be made with the remaining MS principals this week. Stacey Logwood suggested contacting Mary Mitchell, principal at Mac-A-Cheek re: creating a banner for them, as well.
- A campaign to promote both the crisis hotline and text line will be developed as a partnership with both Logan and Champaign county health districts and will hopefully begin in May as part of Mental Health Awareness Month.

C) *Survivor*

- Stephanie shared that SOS group attendance continues to be up, averaging 6-8 people each session.

D) *LOSS Team*

- Karey shared that there has been one LOSS Team response for 2018. This occurred on Sunday, March 4th. The team was activated by Bellefontaine PD to respond to the scene of a 41 y/o woman who died by gunshot. LOSS Team members were able to connect with the victim's daughter, son-in-law and his parents.

E) *Prevention/Education*

- Stephanie shared some barriers re: SOS screenings at Benjamin Logan MS. Due to the suicide death of one of their students in December 2017, the principal is concerned for the students and has elected to focus on trauma impact and having all students screened via CBITS.
- MHFA trainings are scheduled in both Logan and Champaign counties for May, and as part of Mental Health Awareness Month. May 9 and 10th in Champaign county and May 30th in Logan county. The Terrill's are also presenting trainings at the Logan Co. Electric co-op on March 15th and 29th. Stacey shared that MHDAS was able to purchase 91 MHFA manuals via a disaster preparedness grant that MDHAS received.
- Karey shared Gatekeeper trainings are schedule for LC DJFS on March 28th and for the Champaign County Safety Council on September 19th.
- Karey is working with Rob Underwood to coordinate a Youth Gatekeeper training (ACT) for all Indian Lake High School students, in the same assembly style format that was done at Benjamin Logan HS in February. The ILHS presentations are planned for some time in April.

IV) **MISC:**

A) *Coalition Member Updates*

- Logan County HD is having Free HIV and STD testing March 6th from 3-6pm.
- YMCA Camp Willson has scholarships are available for at-risk and low income youth to attend summer camp.

V) **Next Meeting: Tuesday, April 3rd at West Liberty CCI at 3:00pm.**