

Striving to make Champaign County the healthiest county in Ohio



Healthy Living Committee Meeting

Agenda for October 9, 2018

1. Welcome/sign in
2. Committee Review
3. Diabetes
4. Tobacco
5. Nutrition
6. Access to Care
7. Immunizations
8. Physical Activity
9. Next meeting: Thursday 11/1/18, 3-4:30 pm, Conference Room B

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Healthy Living Committee Meeting Sign-In Sheet

October 9, 2018

Print Name	Sign Name	Organization	E-mail
Gabe Jones		CHD	gjones@champaignhd.com
Stacey Thomas	<i>Stacey Thomas</i>	CHD	stthomas@champaignhd.com
Stacey Logwood	<i>Stacey Logwood</i>	MHDAS	Slogwood@mhds.org
Paul Waldsmith		YMCA	cfyceo@ctcn.net
Elaine Dyer	<i>Elaine Dyer</i>	Mercy	DaleEDyar@mercy.com
Marcy Ivory	<i>Marcy Ivory</i>	Mercy REACH	Marcylvory@mercy.com
Jennifer Post		YMCA	ymcafitness@ctcn.net
Whitney Cushman		Memorial	Whitney.Cushman@memorialohio.com
Alex Keller		CHD	akeller@champaignhd.com
Jason Kile		Urbana Dental	jason.e.kile@gmail.com
Dr. Jessica Kile		Urbana Dental	
Raymond Branstiter		Mercy	RPBranstiter@mercy.com
Krista Bradley	<i>Krista Bradley</i>	Darby Dental	krista@darbydentalsmiles.com
Elizabeth Cheetham		MRH	Liz.cheetham@maryrutan.org
Tamisha Matus	<i>Tamisha Matus</i>	ADA	Tamisha.matus@yahoo.com



***In conjunction with the
Champaign County CHIP:
Striving to make Champaign
County the Healthiest County in Ohio***

Vision

*All residents and employees in Champaign County embrace
healthy behaviors leading to lifelong wellness.*

Mission

*To provide shared resources and opportunities so all residents of
Champaign County may attain their healthiest lifestyle.*

Healthy Living Task Force MINUTES

Date: October 9, 2018

Location: Champaign Community Center, Conference Room B

Time: 3pm-4pm

Chair: Stacey Thomas, BSN, RN

Attendees: Stacey Thomas (CHD), Stacey Logwood (MHDAS), Elaine Dyer (Mercy), Marcy Ivory (REACH), Krista Bradley (Darby Dental), Tamisha Matus (ADA),

Committee Goal: To encourage, educate, and support each person in pursuit of their optimum wellness, leading to continual improvement of the county health ranking (baseline 2017, #35).

TOPIC	DISCUSSION	Outcome/Next Steps/Accountable Person
Welcome, Introductions	<ul style="list-style-type: none"> Sign-In, Introductions completed 	
Committee Review	<ul style="list-style-type: none"> Operational Plan from VMMSG (CHD performance management system) distributed to group. S. Logwood requested baseline data for all goals. 	<ul style="list-style-type: none"> S. Thomas to continue to update VMMSG as needed, including adding baseline data.
Nutrition	<ul style="list-style-type: none"> 5210 program unable to be started at Urbana after care. Possibly go to Graham? K. Bradley brought sidewalk chalk and project cards for program. State of the Plate at Graham 10/21, \$20 per person. Commercial kitchen. Able to teach butchering, canning, etc. 	<ul style="list-style-type: none"> Stacey T. to contact Lori at Graham about starting program at graham.
Tobacco	<ul style="list-style-type: none"> Cessation classes continuing through Mercy REACH New class 10/16-11/20 3-4pm 11/5-12/10 Springfield class Holding class at Orbis now 	<ul style="list-style-type: none"> Attempt to market to more businesses in community



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Healthy Living Task Force MINUTES

TOPIC	DISCUSSION	Outcome/Next Steps/Accountable Person
	<ul style="list-style-type: none"> There is a new flyer with updates – Marcy will e-mail 	
Diabetes	<ul style="list-style-type: none"> Clark County expo 11/10 	<ul style="list-style-type: none">
Access to care	<ul style="list-style-type: none"> CHD beginning organization of free clinic with Dr. Ullah Facebook page going well. 	<ul style="list-style-type: none"> Continue facebook posts.
Immunizations	<ul style="list-style-type: none"> CHD doing walk in clinics for flu Will have coverage rates for schools and county as a whole with new CHA 	<ul style="list-style-type: none"> Continue encouraging immunizations
Physical Activity	<ul style="list-style-type: none"> S. Logwood to take wheel and begin mapping walking paths Suggestion: signs: If you park here, you will burn XX calories, etc. Plan to complete program with county first then use as an example for other businesses 	<ul style="list-style-type: none"> Measuring wheels to be ordered by CHD
Submitted by:	Stacey Thomas	
Next meeting: 11/1/18 Conference Room B		



Public Health
Prevent. Promote. Protect.