



***In conjunction with the  
Champaign County CHIP:  
Striving to make Champaign  
County the Healthiest County in Ohio***

*Vision*

*All residents and employees in Champaign County embrace healthy behaviors leading to lifelong wellness.*

*Mission*

*To provide shared resources and opportunities so all residents of Champaign County may attain their healthiest lifestyle.*

## Healthy Living Task Force MINUTES

**Date:** December 7, 2017

**Time:** 3pm – 4:30 pm

**Location:** Conference Room B

**Chair:** Stacey Thomas

**Attendees:** Stacey Thomas (CHD), Gabe Jones (CHD), Stacey Logwood (MHDAS), Paul Waldsmith (YMCA), Jennifer Post (YMCA), Whitney Cushman (Memorial), Alex Keller (CHD)

**Committee Goal:** To encourage, educate, and support each person in pursuit of their optimum wellness, leading to continual improvement of the county health ranking (baseline 2017, #35).

TOPIC	DISCUSSION	Outcome/Next Steps/Accountable Person
Welcome, Introductions	<ul style="list-style-type: none"> <li>Introduction of new member, Alex Keller RN, Health Professional and Newborn home visiting nurse from CHD.</li> </ul>	N/A
Creation of vision, mission, and goal	<ul style="list-style-type: none"> <li>Vision: All residents and employees in Champaign County embrace healthy behaviors leading to lifelong wellness.</li> <li>Mission: To provide shared resources and opportunities so all residents of Champaign County may attain their healthiest lifestyle.</li> <li>Goal: To encourage, educate, and support each person in pursuit of their optimum wellness, leading to continual improvement of the county health ranking (Baseline 2017, #35).</li> </ul>	<ul style="list-style-type: none"> <li>Vision, Mission, and Goal to be added to minutes template by Stacey Thomas</li> </ul>
Develop Objectives	<ul style="list-style-type: none"> <li>Objective 1: Every child between the ages of 0-5 years old will have a primary care physician and will receive</li> </ul>	<ul style="list-style-type: none"> <li>CHA data collection requests: Immunization data, how many seeing dr/ dentist annually, pediatricians/ family physicians in county</li> </ul>



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	timely well-child and dental screenings, assessments, and needed interventions to ensure that each child is ready to succeed upon entering kindergarten.	<p>surrounding counties and pediatric caseloads, wait lists for primary care, hospital ER data, can kids swim and tumble before kindergarten, KRA pass rates and age, what agencies do what screenings and referrals, preschool data, literacy (parents &amp; child), books in home, who teaches child to read?</p> <ul style="list-style-type: none"> <li>Items to be added to 2018 CHA collection information by health department</li> <li>Work with 3 Champaign County hospital systems to increase pediatric access to care <ul style="list-style-type: none"> <li>To be assigned after data collection</li> </ul> </li> <li>Do KRA at 4 years old or earlier to give parents increased preparation time for 5 year old test (if failed) <ul style="list-style-type: none"> <li>To be assigned</li> </ul> </li> </ul>
Develop Objectives	<ul style="list-style-type: none"> <li>Objective 2: Each CHIP committee (Healthy Living, Early Childhood, Suicide Prevention, and Drug Free Youth) will continue to support and influence the Champaign Health District's development of the 2018 Community Health Assessment with the expressed intent to not duplicate assessment efforts and collect the most comprehensive data that will assist in health and prevention in the community.</li> </ul>	<ul style="list-style-type: none"> <li>Collaborating agencies – YMCA, MHDAS, Consolidated Care, FCFC, Chamber of Commerce, more to be determined</li> <li>Each committee will continue to work on CHA development during regular meetings and leadership meetings.</li> </ul>
5-2-1 Almost None	<ul style="list-style-type: none"> <li>Increase awareness and education in schools</li> </ul>	<ul style="list-style-type: none"> <li>Graham High School <ul style="list-style-type: none"> <li>Elaine Dyer is working with the Nutrition and Wellness class second semester – teacher Donna Jarzab – to develop 5-2-1 Almost None games to be used with the elementary and after care students.</li> <li>Fourth grading period – track after care and/or 3<sup>rd</sup> graders on 5-2-1 Almost None principles with pre and post tests</li> </ul> </li> </ul>



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		(similar to what was done in the past with Urbana) <ul style="list-style-type: none"> <li>High School Nutrition and Wellness Class with the video class will be working on a 5-2-1 Almost None fun video (probably not completed by healthy kids day)</li> <li>Suggestion from Elaine – video might be a good contest to have in place at the beginning of next school year fall 2018 and ask schools to present during healthy kids day 2019. Maybe could get area businesses to donate money for a prize for the 1<sup>st</sup> and 2<sup>nd</sup> place winners?</li> <li>Once games are developed, Elaine would like to start using similar ideas for the other YMCA aftercare programs.</li> </ul>
Next Meeting	<ul style="list-style-type: none"> <li>The committee will now have a regularly scheduled meeting on the first Thursday of each month at 3pm in Conference room B.</li> </ul>	<ul style="list-style-type: none"> <li>Stacey Thomas to send invitations and reserve conference room               <ul style="list-style-type: none"> <li>Completed – room scheduled for all of 2018</li> </ul> </li> </ul>
	<ul style="list-style-type: none"> <li>.</li> </ul>	
Submitted by: Stacey Thomas		

