

Striving to make Champaign County the healthiest county in Ohio



Healthy Living Committee Meeting

Agenda for February 1, 2018

1. Welcome/sign in
2. 2017 Review
3. Diabetes reduction
4. Access to care
5. Decrease tobacco use
6. Increase nutrition education
7. Next meeting: 3/1/18, 3pm, Conference Room B

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Healthy Living Committee Meeting Sign-In Sheet

February 1, 2018

Print Name	Sign Name	Organization	E-mail
Gabe Jones	<i>Gabe Jones</i>	CHD	gjones@champaignhd.com
Stacey Thomas	<i>Stacey Thomas</i>	CHD	stthomas@champaignhd.com
Stacey Logwood	<i>Stacey Logwood</i>	MHDAS	Slogwood@mhdas.org
Paul Waldsmith	<i>Paul Waldsmith</i>	YMCA	cfyceo@ctcn.net
Elaine Dyer	<i>Elaine Dyer</i>	Mercy	DaleEDyar@mercy.com
Marcy Ivory	<i>Marcy Ivory</i>	Mercy REACH	Marcylvory@mercy.com
Jennifer Post		YMCA	ymcafitness@ctcn.net
Whitney Cushman	<i>Whitney Cushman</i>	Memorial	Whitney.Cushman@memorialohio.com
Alex Keller	<i>Alex Keller</i>	CHD	akeller@champaignhd.com
Mary Collier	<i>Mary Collier</i>	CHD	mcollier@champaignhd.com



***In conjunction with the
Champaign County CHIP:
Striving to make Champaign
County the Healthiest County in Ohio***

Vision

All residents and employees in Champaign County embrace healthy behaviors leading to lifelong wellness.

Mission

To provide shared resources and opportunities so all residents of Champaign County may attain their healthiest lifestyle.

Healthy Living Committee MINUTES

Date: February 1, 2018

Time: 3pm-4:30pm

Location: Conference Room C

Chair: Stacey Thomas BSN RN

Attendees: Stacey Thomas CHD, Gabe Jones CHD, Stacey Logwood MHDAS, Paul Waldsmith YMCA, Elaine Dyer MERCY, Marcy Ivory MERCY REACH, Whitney Cushman MEMORIAL, Alex Keller CHD, Mary Collier CHD

Committee Goal: To encourage, educate, and support each person in pursuit of their optimum wellness, leading to continual improvement of the county health ranking (baseline 2017, #35).

TOPIC	DISCUSSION	Outcome/Next Steps/Accountable Person
Welcome/ Sign In	<ul style="list-style-type: none"> Introductions complete. New attendee: Mary Collier, CHD, Wellness coordinator for Champaign County Employees 	
2017 Review	<ul style="list-style-type: none"> Activities completed by HL Committee in 2017: North Lewisburg event, Healthy Kids Day, Restructuring of the group and established/refined goals, Standardized group's operations to be in line with CHIP, Applied for GuardCare, "Throughout the year, we have intentionally entwined ourselves with other community partners and expanded our membership to include other partners", New epidemiologist for Clark and Champaign counties is working with group. 	<ul style="list-style-type: none"> Stacey Thomas will complete annual CHIP progress report and preview for CHIP leadership committee tomorrow. Once approved, will be posted on website and distributed to partners.
5, 2, 1, Almost None	<ul style="list-style-type: none"> Parody video being created with Graham. Plan is to then expand to other schools in the county. Hope to be able to have a video competition at the 2019 Healthy 	<ul style="list-style-type: none"> Elaine Dyer to continue to follow up



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TOPIC	DISCUSSION	Outcome/Next Steps/Accountable Person
	Kids Day	
Diabetes reduction	<ul style="list-style-type: none"> Type 1 Juvenile diabetes camp scholarships – the information was given to each of the school nurses. Stacey T. has received feedback from nurses that children will be applying. CCDA will be paying for 2 of those kids to go to camp. If more apply, the HL committee will potentially ask other county clubs/groups to help with payment. YDDP training – Elaine Dyer, Jen Post, and 2 nurses from CHD are all willing to take part in the training. Will happen at some point in 2018. Once training is complete, focus will be marketing. Could CCDA help with funding? Summer program for at-risk kids – Paul Waldsmith and Paul Weber will continue to work on creating this program. Mary Rutan is bringing a weight management program to the Urbana Clinic. Focus is on lifestyle changes, not meds. Information session being held monthly at Bellefontaine hospital. Will try to get contact to join this committee. Plans discussed for social media campaign in November – Diabetes Awareness month. Diabetes support group meets at hospital Plans discussed for flow chart of diabetes services in champaign county and to get baseline data. 	<ul style="list-style-type: none"> Stacey Thomas to work with school nurses and CCDA to monitor camp scholarship applications and recipients. Paul Waldsmith to arrange YDDP training. Paul Waldsmith and Paul Weber to continue to work on summer program Stacey Logwood to get information about Mary Rutan clinic Flow Chart – Stacey Thomas Baseline Data: Stacey Thomas – CHD class; Elaine Dyer – support group, hospital, chronic care clinic; Whitney Cushman – memorial diabetes education
	<ul style="list-style-type: none"> New goals in development – to increase back to school 	<ul style="list-style-type: none"> More discussion next meeting



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	vaccination rates; physical activity related goal	
Access to Care	<ul style="list-style-type: none"> Memorial to have an urgent care in the new building – hours 9a-9p Request from group to have Gary Ledford from Champaign Transit Systems to come to a meeting to discuss county transportation plan. Also for faith based services – Pete Yost. 	<ul style="list-style-type: none"> Stacey Thomas to send transportation plan out to group for review. Gabe Jones to contact Gary Ledford about coming to a meeting.
Tobacco	<ul style="list-style-type: none"> Marcy states that REACH services and tobacco cessation continues to struggle in Champaign County. Flyers are distributed in the medical offices. She states she saw less than 10 Champaign County clients last year. Possibly have Marcy attend HR Manufacturer meeting with Paul and offer individual and/or group counseling depending on insurance. Goals for tobacco – Increase enrollment in tobacco cessation classes, increase marketing (worksite wellness, incentives) 	<ul style="list-style-type: none"> Gabe Jones – baseline Champaign #'s Marcy Ivory – Baseline Champaign participation, flyers distributed
Submitted by: Stacey Thomas		
Next meeting – Thursday 3/1/18 3pm Conference Room B		



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